



SOUTH COAST AIR QUALITY MANAGEMENT DISTRICT

AIR QUALITY FORECAST



| | | Forecast Valid Thursday, April 11, 2019 | | | Forecast Valid Friday, April 12, 2019 | | |
|--------|-----------------------------------|---|-----------------|-----------|---------------------------------------|-----------------|-----------|
| | | Issue Date: Wednesday, April 10, 2019 | | | Forecast Not Yet Issued | | |
| Area # | Forecast Area | AQI | AQI Description | Pollutant | AQI | AQI Description | Pollutant |
| 1 | Central Los Angeles County | 29 | GOOD | PM2.5 | | | |
| 2 | Northwest Coastal Los Angeles Co. | 33 | GOOD | PM2.5 | | | |
| 3 | Southwest Los Angeles County Co. | 38 | GOOD | PM2.5 | | | |
| 4 | South Coastal Los Angeles Co. | 42 | GOOD | PM2.5 | | | |
| 5 | Southeast Los Angeles Co. | 42 | GOOD | PM2.5 | | | |
| 6 | West San Fernando Valley | 32 | GOOD | Ozone | | | |
| 7 | East San Fernando Valley | 31 | GOOD | Ozone | | | |
| 8 | West San Gabriel Valley | 31 | GOOD | Ozone | | | |
| 9 | East San Gabriel Valley | 31 | GOOD | Ozone | | | |
| 10 | Pomona/Walnut Valley | 33 | GOOD | PM2.5 | | | |
| 11 | South San Gabriel Valley | 31 | GOOD | Ozone | | | |
| 12 | South Central Los Angeles Co. | 46 | GOOD | PM2.5 | | | |
| 13 | Santa Clarita Valley | 37 | GOOD | Ozone | | | |
| 14 | Antelope Valley | 29 | GOOD | Ozone | | | |
| 15 | San Gabriel Mountains | 32 | GOOD | Ozone | | | |
| 16 | North Orange County | 38 | GOOD | PM2.5 | | | |
| 17 | Central Orange County | 25 | GOOD | PM2.5 | | | |
| 18 | North Coastal Orange County | 38 | GOOD | PM2.5 | | | |
| 19 | Saddleback Valley | 38 | GOOD | PM2.5 | | | |
| 20 | Central Coastal Orange County | 33 | GOOD | PM2.5 | | | |
| 21 | Capistrano Valley | 33 | GOOD | PM2.5 | | | |
| 22 | Corona/Norco Area | 46 | GOOD | PM2.5 | | | |
| 23 | Metropolitan Riverside County | 54 | MODERATE | PM10 | | | |
| 24 | Perris Valley | 38 | GOOD | PM2.5 | | | |
| 25 | Lake Elsinore Area | 40 | GOOD | Ozone | | | |
| 26 | Temecula Valley | 31 | GOOD | Ozone | | | |
| 27 | Anza Area | 33 | GOOD | Ozone | | | |
| 28 | Hemet/San Jacinto Valley | 38 | GOOD | PM2.5 | | | |
| 29 | Banning/San Geronio Pass | 57 | MODERATE | Ozone | | | |
| 30 | Coachella Valley | 49 | GOOD | Ozone | | | |
| 31 | East Riverside County | 51 | MODERATE | PM10 | | | |
| 32 | Northwest San Bernardino Valley | 25 | GOOD | Ozone | | | |
| 33 | Southwest San Bernardino Valley | 46 | GOOD | PM2.5 | | | |
| 34 | Central San Bernardino Valley | 33 | GOOD | PM2.5 | | | |
| 35 | East San Bernardino Valley | 38 | GOOD | PM2.5 | | | |
| 36 | West San Bernardino Mountains | 35 | GOOD | Ozone | | | |
| 37 | Central San Bernardino Mountains | 70 | MODERATE | Ozone | | | |
| 38 | East San Bernardino Mountains | 39 | GOOD | Ozone | | | |
| 39 | Phelan | 36 | GOOD | Ozone | | | |
| 40 | Hesperia | 32 | GOOD | Ozone | | | |
| 41 | Trona | 31 | GOOD | Ozone | | | |
| 42 | Victorville | 32 | GOOD | Ozone | | | |
| 43 | Yucca Valley | 32 | GOOD | Ozone | | | |
| 44 | Barstow | 36 | GOOD | Ozone | | | |
| 45 | Twentynine Palms | 43 | GOOD | Ozone | | | |

What To Do When Air Pollution Reaches Unhealthy Levels

In areas with **UNHEALTHY FOR SENSITIVE GROUPS** air quality (Air Quality Index of 101 to 150), sensitive or susceptible persons, including children, older adults and those with heart or lung disease, should minimize outdoor activity.

In areas with **UNHEALTHY** air quality (AQI of 151 to 200) or an **Ozone HEALTH ADVISORY Alert** (AQI of 132 to 200 for 1-hour ozone), everyone should discontinue prolonged, vigorous outdoor exercise lasting longer than one hour. Examples of the kinds of outdoor activities that should be avoided are calisthenics, basketball, running, soccer, football, tennis, swimming laps, and water polo. Susceptible persons, such as those with heart or lung disease, should avoid outdoor activity entirely.

In areas with **VERY UNHEALTHY** air quality (AQI of 201 or above) or an **Ozone STAGE-1 Alert** (AQI of 201 or above for 1-hour ozone), everyone should discontinue all vigorous outdoor activities regardless of duration.

Detailed Air Quality Forecasts Including Wildland & Agricultural Burn Forecasts:

<http://www.aqmd.gov/home/air-quality/air-quality-data-studies>

Daily Air Quality Forecasts and Advisories by Email -- Subscribe or Modify Settings at:

<http://www.airalerts.org>

AQMD Web Site for Current AQMD Air Quality Measurements, Forecasts and Advisories:

<http://www.aqmd.gov/>

or by Telephone with our Interactive Voice Response System: 1-800-CUT-SMOG (1-800-288-7664)

Contact AQMD: 1-800-CUT-SMOG or (909) 396-2000

Forecast Area Map:

<http://www.aqmd.gov/map/MapAQMD2.pdf>